

Mbweni Ruins & Gardens

Restaurant & Bar

Menu

Dear Friends and Valued Guests,

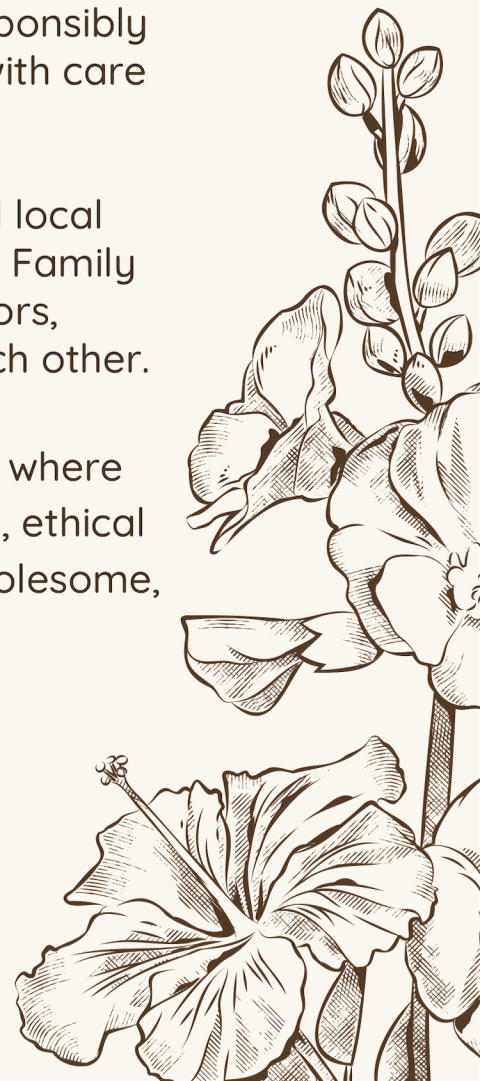
A warm welcome to Mbweni Ruins & Gardens
Restaurant and Bar.

Our menu is crafted seasonally, using responsibly
sourced local ingredients, and designed with care
for your health and taste buds.

We're proud to collaborate with trusted local
Zanzibari producers like Msonge Organic Family
Farm and sustainable seafood advisors,
continually enhancing how we nourish each other.

Embark on a culinary adventure with us, where
each dish tells a story of mindful sourcing, ethical
practices, and a passion for creating a wholesome,
delicious dining experience.

Karibuni sana!



Breakfast Buffet

8:00 AM - 10:30 AM

TSH 35.000



Daily Main

Red / Green Shakshuka (Eggplant, Spinach, Tomatoes, Eggs)

Chickpea Hummus with Olive Oil, Zaatar

Pumpkin Hummus with Olive Oil, Chili Spice

Made-to-Order Eggs

Fried, Scrambled, Boiled, Omelette, or Poached Eggs

Cooked Vegetables

Cassava, Swahili Spinach & Tomato,
Pumpkin, Sweet Potato, Beans, Plantains

Assortments of Bread

Chilla (Rice Bread), Chapati (Wheat Flatbread)

Swahili Pancake, Cassava Banana Bread

Tropical Fruits

Pineapple, Papaya, Banana,
Watermelon, Passion Fruit

Fresh Salads

Avocado-Mango Salad
Cucumber, Watermelon, and Cherry Tomato Salad

Granola Cups

Thick fruit concoctions in coconut milk with granola,
seeds, nuts served in cups

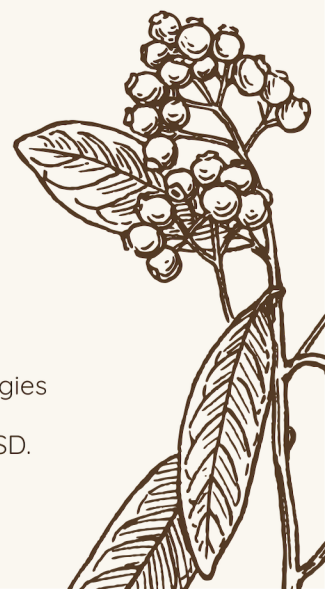
Smoothies / Juice of the Day

Fresh Fruit Blends, Subject to Seasonal Availability

Hot Beverages

Coffee, Teas, Hot Cocoa, and Others. (Buffet self-service).

Item availability may vary due to daily rotations. Please consult our staff for allergies information. All prices displayed are inclusive of taxes and service charges. For payment in dollars, we use a standard conversion rate of 2.500 TSH per 1 USD.





Breakfast à la carte

8:00 AM - 10:30 AM

Scrambled, Fried, or Poached Eggs	TSH 10000 / \$4
Vegetable Omlette	TSH 12500 / \$5
Eggs Benedict 2 poached eggs, served on a bed of spinach and topped with homemade hollandaise sauce on a toast	TSH 20000 / \$8
Swahili Panckaes with Honey & Fruits	TSH 10000 / \$4
Millet & Corn Waffles with Fruits & Honey ✨ gluten-free and full of protein!	TSH 15000 / \$6
Smoothie Bowl with Granola and Fruits Mix of fruits blended with coconut milk and topped with crunchy granola	TSH 15000 / \$6
Homemade chapati	TSH 2500 / \$1
Banana bread	TSH 5000 / \$2
Fruits Plate	TSH 5000 / \$2
Fresh Peanut Butter	TSH 2500 / \$1

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Food Menu

11:00 AM - 09:30 PM

Daily's Specials

Indulge in our daily culinary delights crafted from fresh ingredients.

Dish of the Day	TSH 25.000
Soup of the Day	TSH 15.000
Juice of the Day	TSH 10.000
Smoothie of the Day	TSH 15.000

Fresh Salads

Spicy Green Papaya Salad TSH 15.000 / \$6

Green Papaya Salad with crunchy peanuts, and green beans

Avo Mango Vegan Ceviche TSH 15.000 / \$6

Avocado and mango served with cilantro, red onions, cherry tomatoes, and seaweed, drizzled with a refreshing lime dressing

Watermelon Salad TSH 15.000 / \$6

Fresh watermelon chops, crisp cucumber, and juicy tomatoes served with mint, and zesty lime dressing



Small Bites

Perfect to Share or Combine

Smooth Hummus Bowl TSH 12.500 / \$5

Silky smooth hummus dips served with your choice of warm bread, crisp vegetables, or tangy pickles

Crispy Falafel Wrap TSH 15.000 / \$6

Gourmet falafel wraps served with hummus, lime pickles, mango sauce, and a side of cucumber, watermelon & tomato salad

Abundant Falafel Plate TSH 15.000 / \$6

A serving of falafels, served with coconut mango chutney, and a side of a cucumber, watermelon & tomato salad


Caribbean Acra TSH 20.000 / \$8

Crunchy spiced cassava balls paired with veggies, okra, served on cassava leaves and a side of Jah Jah hot sauce

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Main Dishes

King's Royal Burger

TSH 30.000 / \$12

Breaded Kingfish patty, coleslaw, avocado, mango chutney, and lime mayo served on homemade burger buns, with a side of fries and salad

Plant-Based Garden Burger

TSH 30.000 / \$12

Seeds-based patty, coleslaw, avocado, mango chutney, and lime mayo served on homemade burger buns, with fries and salad sides

Amina's Chicken Skewers

TSH 20.000 / \$8

Grilled chicken skewers served with a side of coconut chutney / spicy masala sauce, accompanied by your choice of rice or chapati

Swahili Chicken Biryani

TSH 25.000 / \$10

Grilled chicken skewers served with a side of coconut chutney or spicy masala sauce, accompanied by your choice of rice or chapati

Zanzibari Coconut Curry

TSH 25.000 / \$10

Your choice of octopus, pulled jackfruit, or veggies, served in coconut, star-anise curry with coriander and lime. Served with coconut rice

Big Plates

Sharing is caring

Zanzibari Seafood Platter

TSH 85.000 / \$34 per 2 Pax

Grilled prawns, calamari, fish of the day, octopus served with fries, garlic butter, and mild chutney sauce. + TSH 30.000 / \$12 For Extra Pax

Roasted Cauliflower

TSH 25.000

A roasted whole cauliflower head adorned with tahini cream, herbs, and crushed cashew nuts

Kids

Pasta al Pomodoro

TSH 12.500 / \$5

Chicken Nuggets

TSH 12.500 / \$5

Fish nuggets

TSH 15.000 / \$6

Sides

Potato Fries

TSH 7.500 / \$3

Chapati

TSH 5.000 / \$2

Swahili Spinach

TSH 7.500 / \$3

Sauteed Veggies

TSH 7.500 / \$3

Plain Rice, Coconut Rice, or Pilau Rice

TSH 10.000 / \$4

Sweets

Raw Cashew Avocado Lime Ice Cake

TSH 10.000 / \$4

Raw Cashew Cacao Date Ice Cake

TSH 10.000 / \$4

Cassava cake with passion fruit, coconut

TSH 10.000 / \$4

Vanilla Ice Cream

TSH 5.000 / \$2

Banana bread with peanut butter

TSH 5.000 / \$2



Beverages Menu

Water Fountain

TSH 5000

As we reduce the use of plastic to the very minimum, we invite you to refill your bottles at our water station unlimitedly.

Coffee

Coconut Milk option available free of charge

Espresso	TSH 5000 / \$2
Double Espresso	TSH 7500 / \$3
Americano	TSH 5000 / \$2
Cafe Latte	TSH 7500 / \$3
Cappuccino	TSH 7500 / \$3
Iced Americano	TSH 7500 / \$3
Iced Coconut Latte	TSH 10000 / \$4
Iced Tonic Espresso	TSH 10000 / \$4
Cold Brew	TSH 10000 / \$4
Coconut Cold Brew	TSH 10000 / \$4

Teas

TSH 6000 / \$2.5

Dr. Cornelia's Herbal Remedies

Medicinal plants grown in Tanzania

Dawa Tea (ginger, lime, honey)	TSH 5000 / \$2
Zanzibar Spice Tea	TSH 5000 / \$2
Fresh Peppermint	TSH 5000 / \$2
Green/ Black Tea	TSH 5000 / \$2
Chai Latte (with coconut milk) 	TSH 7500 / \$3
Iced Chai Latte 	TSH 7500 / \$3

Juice & Smoothie Bar

Vitamin Bomb TSH 10000 / \$4
Carrot, Papaya, Passionfruit, Mango

Yellow Mellow TSH 10000 / \$4
Mango, Pineapple, Banana

Green Fairy TSH 10000 / \$4
Parsley, Cucumber, Ginger, Celery, Pineapple

Virgin Pina Colada TSH 10000 / \$4
Coconut cream, pineapple

Cashew Shake TSH 15000 / \$6
Cashews, vanilla, banana, coconut, baobab

Avo Date Shake TSH 15000 / \$6
Avocado, dates, honey, coconut

Protein Boost Shake TSH 15000 / \$6
Peanut butter, cocoa, coconut, frozen banana

Mango Jambo Shake TSH 15000 / \$6
Mango, vanilla, coconut milk, banana



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Beverages Menu

Refreshments

Kombucha	TSH 10.000 / \$4
Tonic Water	TSH 5.000 / \$2
Sparkling Water	TSH 5.000 / \$2
Sodas Tangawizi, Coca cola, Sprite, Fanta	TSH 5.000 / \$2
Fresh Coconut	TSH 5.000 / \$2
Fresh Lemonade	TSH 7.500 / \$3
Fresh Coconut Milk	TSH 7.500 / \$3

Cocktails TSH 17.500 / \$7

Karibu Margarita

Margarita infused with local Zanzibar spices, sweet cinnamon and clove garnish

Dawa

A Zanzibari traditional mix of honey, fresh lime, vodka, and ginger for a revitalizing sip.

Mangrow Mule

Fresh ginger, lime juice, vodka, and cinnamon syrup for a spiced and citric delight

Pina Colada

Coconut cream, pineapple juice, and rum, sweet perfection to start the night

Aperol Spritz

Aperol, sparkling wine, and a splash of soda for a classic Italian cocktail experience

Classic Cocktails

Well-known, timeless recipes; Old Fashioned, Martini, Negroni, Gin & Tonic, and many more

Beers

Serengeti Lager	TSH 12.500 / \$5
Serengeti Lite	TSH 12.500 / \$5
Kilimanjaro	TSH 12.500 / \$5
Safari Lager	TSH 12.500 / \$5
Castle Lite	TSH 12.500 / \$5
Zanzibeer	TSH 12.500 / \$5
Corona	TSH 15.000 / \$6
Heineken	TSH 15.000 / \$6

Wines

TSH 15.000 / Glass
TSH 62.500 / Bottle

Landskroon Chenin Blanc

White, South Africa

Stone Town Savingnon

White, South Africa

Landskroon Blanc de Noir

Rosé, South Africa

Landskroon Shiraz

Red, South Africa

Stone Town Merlot

Red, South Africa

Prosecco Soligo Brut

Sparkling, Italy



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